



**November 25, 2020**  
**Board of Directors Meeting Minutes**  
**CMHA Cochrane Timiskaming Branch**

**Revised**

D = Discussion

I = Information Purposes Only

M: Motion

**Meeting Time:** 4:45pm - 7:00 pm

**Locations:** Via MS Teams

<b>Present Board Members Timmins:</b>	Norm Bolduc – Chair, Amanda Coulas, Kelly Killins, Chantal Mailloux,
<b>Present Board Members Kirkland Lake:</b>	Kelly-Ann O'Mara
<b>Present Board Members Temiskaming Shores:</b>	
<b>Staff:</b>	Paul Jalbert, Executive Director Tyler Twarowski, Director of Services Angie Peters-Carlson, Director of Corporate Services Nicole Henry, Recording Secretary
<b>Regrets:</b>	Sarah Stewart, Liz Reid, Erin Cowan, Paul Crombeen
<b>Guest:</b>	Catherine Anastakis, Justin Charron, Jesse Lamothe

The meeting was chaired by Norm Bolduc, and called to order at 4:45pm.

Item #	Topic
<b>1.0</b>	<b>Standing Agenda Items</b>
1.1	Review and Adoption of Agenda  <p style="text-align: right;"><b>CT-17 – 2020-21</b></p> Moved by Amanda Coulas, seconded by Kelly Killins -- Be it resolved that the Canadian Mental Health Association-Cochrane Timiskaming Branch adopts the agenda of the November 25, 2020 Board of Directors' Meeting as presented. <p style="text-align: right;"><b>Motion Carried</b></p>
1.2	Review and Adoption of Minutes  <p style="text-align: right;"><b>CT-18 – 2020-21</b></p> Moved by Kelly-Ann O'Mara, seconded by Kelly Killins -- Be it resolved that the Canadian Mental Health Association-Cochrane Timiskaming Branch adopts the Minutes of the October 28, 2020 Board of Directors' Meeting as presented. <p style="text-align: right;"><b>Motion Carried</b></p>
1.3	Declaration of Conflict of Interest  No conflict of interest was declared.
<b>2.0</b>	<b>Items for Decision</b>
2.1	Review of joint NEOFACS/CMHA Board Retreat & Next Steps  Catherine Anastakis, facilitator for the NEOFACS/CMHA Board Retreat reviewed the three questions that were included in the Briefing Note that was e-mailed to Board Members. The October 16, 2020 Joint Board Retreat Session Summary is included in the Board package.  <ol style="list-style-type: none"><li>1. <i>Reflecting on the retreat and the written summary, what stood out for you? Is there anything in particular that you think we need to discuss as a Board at this point?</i></li></ol>



**November 25, 2020**  
**Board of Directors Meeting Minutes**  
**CMHA Cochrane Timiskaming Branch**

**Revised**

D = Discussion

I = Information Purposes Only

M: Motion

Item #	Topic
	<p>Important that we have those discussions with our partners.</p> <p><b>2. <i>Is there Board agreement in principle to engage in a more formal partnership between NEOFACS and CMHA-CT, with details to be worked out over time?</i></b></p> <p>There was an agreement in principle to continue the discussions with NEOFACS to see how the two agencies could partner and work together.</p> <p><b>3. <i>What would you like to focus on in the second joint meeting of the two Boards? What outcomes would you like to see from the session?</i></b></p> <p>It was agreed to further investigate integrated services partnership, and what the roles of the Boards would be.</p> <p style="text-align: right;"><b>CT-19 – 2020-21</b></p> <p>Moved by Amanda Coulas, seconded by Kelly Killins -- Be it resolved that the Canadian Mental Health Association-Cochrane Timiskaming Branch approves to continue to explore the greater collaboration between NEOFACS and CMHA-CT as discussed.</p> <p style="text-align: right;"><b>Motion Carried</b></p>
2.2	<p style="text-align: center;"><b>Universal Basic Income</b></p> <p>Jesse Lamothe, introduced Justin Charron, Communications Specialist. Justin reviewed slides that he had prepared explaining Universal Basic income, the social determinants of health, the pros and cons. CMHA National has put out a statement for the need of universal basic income. Paul suggested that talking points could be sent to the Board Members should they be asked about universal basic income and will also approach community partners to do the same with their boards as UBS is a way to address inequity within our community.</p> <p style="text-align: right;"><b>CT-20 – 2020-21</b></p> <p>Moved by Kelly-Ann O'Mara, seconded by Kelly Killins -- Be it resolved that the Canadian Mental Health Association-Cochrane Timiskaming Branch supports the continuation of Universal Basic Income beyond the pandemic.</p> <p style="text-align: right;"><b>Motion Carried</b></p>
2.3	<p style="text-align: center;"><b>Approval of Financial Statements</b></p> <p>Angie Peters-Carlson reviewed the Variance Report / Financial Statements. Angie reviewed the variances highlighted in the Variance Report. The funding that comes in for the year has been set up as deferred revenue and will be matched when the expenses occur, so will no longer be seeing a large surplus in those funds.</p> <p style="text-align: right;"><b>CT-21 – 2020-21</b></p> <p>Moved by Amanda Coulas and Kelly Killins -- Be it resolved that the Canadian Mental Health Association - Cochrane-Timiskaming Branch approves the Financial Statements and Variance Report for the period ending October 31, 2020 as presented.</p> <p style="text-align: right;"><b>Motion Carried</b></p>
3.0	<p><b>Items for Discussion and Directions</b></p>



**November 25, 2020**  
**Board of Directors Meeting Minutes**  
**CMHA Cochrane Timiskaming Branch**

**Revised**

D = Discussion

I = Information Purposes Only

M: Motion

Item #	Topic
	<p>3.1 Board picture frames &amp; website</p> <p>The Board Picture frames will be replaced by smaller frames and will have those in the meeting rooms. Nicole Henry will be reaching out to those who do not have pictures to get those done and the website will also be updated.</p>
	<p>3.2 December Board Meeting</p> <p>It was agreed that as the Board is meeting with NEOFACS in December, the regular Board Meeting scheduled for December 23<sup>rd</sup> will not be held and the joint Board Retreat will be considered as the December Board Meeting.</p>
<b>4.0</b>	<b>Reports</b>
	<p>4.1 Human Resources Report</p> <p>Angie Peters-Carlson reviewed the Human Resources Report which is included in the Board Meeting Package.</p>
	<p>4.2 Progress on Strategic Plan</p> <p>Jesse Lamothe has finalized the artwork with the artist for or the Strategic Plan, a tag line has been created and almost ready to launch. Considering meeting with the different municipalities where we have offices to present the CMHA-CT Strategic Plan and how we can support community wellness.</p>
	<p>4.3 Mental Health Services Report</p> <p>Tyler Twarowski made a correction to the service report. Step Care has not yet been implemented in the agency as noted in the report, but a Stepped Care Nursing has been implemented.</p> <p>RAAM services in Timmins has been adjusted and services are being streamlined to be out of the CMHA offices. Will be advertising that those services will be out of the CMHA Building. Will have an advertising campaign for this. This will also assist with services during this pandemic. RAAM Services, was being provided in Timiskaming, five days a week by different service provides and CMHA-CT as a decentralized model. The NE LHIN advised that we were not being compliant as the service was being offered in different locations instead of one location as per their model. The LHIN wanted a location to be identified as the location for RAAM Services. No one from the other service providers that were assisting with the RAAM clinics will drive up from their work location to the RAAM location to provide this service, therefore, this had a potential of overwhelming CMHA-CT's Nurse Practitioner. The services providers had built capacity to offer this service five days a week in various communities, however the LHIN advised that we were not being compliant. Therefore, RAAM services will now be offered out of the CMHA locations in Kirkland Lake on Tuesdays for two hours and Temiskaming Shores on Thursdays for two hours. It is a set back, but looking at other ways to provide this service where people are at.</p> <p>Tyler advised that the team captain from Timmins Rock has approached CMHA-CT. His brother committed suicide and he wants to bring awareness to the community and will be working on a suicide prevention/anti-suicide campaign in the Timmins area to try and reach people that we would normally not reach.</p>
	<p>4.4 Executive Director's Report</p> <p>Paul Jalbert reviewed the Executive Directors' report which is included in the meeting package. Will be putting a proposal to have a Centre of Excellence located within our regional. With the support of CMHA Ontario, we have invited Assistant Minister Tibollo to visit Timmins to see what the impact of the gap we have in the north. Hopeful that he will visit Timmins.</p>
<b>5.0</b>	<b>For Your Information</b>



November 25, 2020  
 Board of Directors Meeting Minutes  
 CMHA Cochrane Timiskaming Branch

Revised

D = Discussion

I = Information Purposes Only

M: Motion

Item #	Topic
5.1	Board Attendance The Board Attendance report is included in the meeting package.
5.2	Audit Committee Meeting Minutes The Audit Committee meeting minutes of October 20, 2020 are included in the meeting package.
7.0	<b>Next Board Meeting</b> January 27, 2021
8.0	<b>Adjournment</b> Kelly Killins moved to adjourn the meeting at 6:17pm.

DocuSigned by:

Paul Crombier  
1st Vice Chair

January 27, 2021

Date

DocuSigned by:

Elizabeth Reid  
Treasurer / Secretary

January 27, 2021

Date