

Psychotherapist

The Canadian Mental Health Association – Cochrane Timiskaming Branch is currently recruiting a Psychotherapist for its Ontario Structured Psychotherapy (OSP) Program in the Timiskaming District. The Psychotherapist collaborates with multi-disciplinary teams, providing triage and assessment to clients seeking OSP services, conducting clinical assessments to identify clients' symptoms and create individualized treatment plans and providing individual and group protocol-based structured psychotherapy in adherence with the OSP Clinical Model. The Psychotherapist works in partnership with clients, their formal and informal supports and the team to support clients' successful integration into their communities, and contributes to ongoing program development and program evaluation and implementation of new practices as required.

Qualifications:

- Minimum of a Bachelor's degree in a health related field, or a Bachelor's of Science in Nursing (BScN) degree from an accredited university
- Current Certificate of Registration in good standing with the College of Psychologists of Ontario (CPO), or Ontario College of Social Workers and Social Service Workers (OCSWSSW), or College of Occupational Therapists of Ontario (COTO), or College of Nurses of Ontario (CNO), or College of Registered Psychotherapists of Ontario (CRPO). Additional specialized training in CBT, CPT, and Prolonged Exposure (PE) is preferred
- Formal CBT and CPT training with supervision/clinical consultation following the OSP model is preferred
- Ministry of Labour "Worker Health and Safety Awareness in 4 Steps" training certificate is required
- Minimum of one (1) year of experience in the triage, clinical assessment and treatment delivery of evidence-based CBT and CPT following the OSP model
- Experience in in-person and virtual care delivery is preferred
- Demonstrated experience working in a community-based or outpatient setting
- Demonstrated experience utilizing evidence-based CBT treatment models with clients experiencing symptoms of depression, anxiety and anxiety related conditions
- Demonstrated knowledge and practised skills in providing culturally safe and responsive mental health services to clients of diverse ethno-racial and cultural backgrounds
- Demonstrated knowledge of the science and practice of structured psychotherapy including a full range of psychotherapeutic and assessment techniques to assess, plan, coordinate and implement specific clinical protocols
- Demonstrated ability to distinguish features of depression, anxiety, and anxiety related conditions and the etiology and treatment of these disorders
- Demonstrated knowledge of relevant sections of legislation
- French Language Service Designation: Bilingualism, English and French, is required.

For a complete job description, please contact Human Resources by e-mail at humanresources@cmhact.ca. This is a permanent full-time unionized position, located in New Liskeard. We offer a comprehensive compensation program and the opportunity to work alongside a team of energetic and spirited employees who are committed to improving the lives of those who rely on us for support.

Interested candidates should submit a cover letter and resume focused on personal achievements relevant to the position to:
humanresources@cmhact.ca

For more about the Canadian Mental Health Association – Cochrane Timiskaming Branch and the important work we do, visit us at www.cmhact.ca.

Please advise Human Resources if you will require accommodation in accordance with the Ontario Human Rights Code or the Accessibility for Ontarians with Disabilities Act in order to properly participate. We would be pleased to assist you.

We thank all applicants for their interest in this employment opportunity. We will contact those candidates who are invited to participate in an interview.

CMHA-CT has a COVID-19 Vaccination Policy that requires covered individuals to take part in COVID-19 vaccination programs recommended by Public Health, unless they are approved for a human rights accommodation from CMHA-CT. Compliance with this policy is mandatory for this position.