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Canadian Mental Health Association Cochrane-Timiskaming Addiction and Mental Health Services October 25, 2023 Board of Directors Meeting Minutes CMHA Cochrane Timiskaming Branch

D = Discussion

I = Information Purposes Only

M: Motion

Meeting Time: 5:00pm - 7:00 pm

Locations: Via MS Teams

| In Attendance: | |
|----------------|---|
| Board Members: | Paul Crombeen-Chair, Pierre Belec, Dominique Boucher, Carla Cantin, Randy Cox, Patrick Gervais, |
| | Catherin Gull, Diane Morrell, Candace Fuhringer |
| Staff: | Paul Jalbert, Executive Director |
| | Tyler Twarowski, Director of Services |
| | Angie Peters-Carlson, Director of Corporate Services |
| | Angèle Desormeau, Director of Addiction Services and Housing |
| | Jesse Lamothe, Strategic Performance & Quality Improvement Manager |
| | Lizane Claveau, Recording Secretary |
| Regrets: | |
| Guest: | Julie Guenette |

Paul Crombeen called the meeting to order at 5:00pm and chaired the meeting.

Carla Cantin read the Land Acknowledgement and Dominique Boucher read the Vision & Mission Statements.

AGENDA

| Time | ltem # | Торіс | | | |
|------|-----------|-------|--|--|--|
| | 1.0 | Stand | Standing Agenda Items | | |
| | | 1.1 | Review and Adoption of Agenda | | |
| | | | The Board agenda is included in the Board meeting package. | | |
| 2 | | | CT- 29 – 2023/24 | | |
| Ζ | | | Moved by Randy Cox seconded by Diane Morrell - Be it resolved that the Canadian Mental Health Association-Cochrane Timiskaming Branch adopts the agenda of the October 25 th , 2023, Board of Directors' Meeting as presented. | | |
| | | 10 | Motion Carried | | |
| | | 1.2 | Review and Adoption of Minutes | | |
| | | | The Minutes of the September 27th, 2023 is included in the Board meeting package. | | |
| 4 | | | CT- 30 – 2023/24 | | |
| 4 | | | Moved by Diane Morrell seconded by Dominique Boucher - Be it resolved that the Canadian Mental Health Association-Cochrane Timiskaming Branch adopts the minutes of the September 27 th , 2023, Board of Directors' Meeting as presented. | | |
| | | | Motion Carried | | |
| 4 | | 1.3 | Declaration of Conflict of Interest | | |



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| | | No conflict of interest was declared. | | | | | |
| | 2.0 | ļ | taff Presentation | | | | |
| | | 2.1 | Early Intervention Psychosis | | | | |
| | | | The EIP presentation is included in the Board meeting package which Julie Guenette presented. | | | | |
| | | | Julie Guenette introduced herself and her background and offered insight on the Early Intervention Psychosis program and included a good news story. She then answered questions from the Board. | | | | |
| | | | Dout Jelbort also abared some information on the honofite and importance of the program | | | | |
| | 3.0 | ltome | Paul Jalbert also shared some information on the benefits and importance of the program. for Decision | | | | |
| | J.U | 3.1 | Approval of Financial Statements | | | | |
| | | | | | | | |
| | | | The Financial Statements are included in the meeting package which Angie Peters-Carlson presented. | | | | |
| Discussion ensued on the surplus of 738,400 in Fund 2 Ontario Health North Men There is a surplus of 62,322 in Fund 2 – MoH Housing Programs and a 218,838 S Programs. 10 Discussion ensued on the unused rent supplements and the possible reasons who | | We are currently in a surplus of 1,0191,564. Budget lines are running close to the budgeted amounts. Discussion ensued on the surplus of 738,400 in Fund 2 Ontario Health North Mental Health Program Funding. There is a surplus of 62,322 in Fund 2 – MoH Housing Programs and a 218,838 Surplus in Fund 3 – Other Programs. | | | | | |
| | | | Discussion ensued on the unused rent supplements and the possible reasons whether it be location or the clients not meeting the criteria as well as other things that could impact this surplus. | | | | |
| | | | CT- 31 – 2023/24 | | | | |
| | | Moved by Patrick Gervais seconded by Carla Cantin - Be it resolved that the Canadian Mental Hea Association-Cochrane Timiskaming Branch approves The Variance Report and Financial Statemer presented. | | | | | |
| | | ~ ~ ~ | Motion Carried | | | | |
| | | 3.2 | Recruitment of Board committee members | | | | |
| | | | 3.2.1 Appointment of Board Member Audit Committee (X1)(Sept 27, - item 3.4.1 - CT- 24 – 2023/24) | | | | |
| | | | CT- 32 – 2023/24 | | | | |
| | | | Carla Cantin nominated Candace Fuhringer to the Audit Committee. Candace accepted and was appointed as a Member of the Audit Committee. | | | | |
| | | | Moved by Patrick Gervais seconded by Carla Cantin - Be it resolved that the Canadian Mental Health Association-Cochrane Timiskaming Branch approves The Appointment of a Board Member to the Audit Committee | | | | |
| | | | Motion Carried | | | | |
| | | | 3.2.2 Appointment of Board Member to Diversity Committee x1 (to replace Chantal Mailloux) (Sept 27, - item 3.4.2 - CT- 24 – 2023/24) | | | | |
| | | | CT- 33 – 2023/24 | | | | |
| | | Catherine Gull nominated herself for the Diversity Committee. Catherine accepted and was appointed as a | | | | | |



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| member of the Diversity Committee. | | | | | |
| | | | | nded by Dominique Boucher - Be it resolv kaming Branch approves The Appointmer | |
| | | | | | Motion Carried |
| | 4.0 | Repoi | • | | |
| 10 | | 4.1 | Human Resources Report | | |
| | | | The Human Resources Rep presented. | ort is included in the Board meeting packa | age which Angie Peters Carlson |
| | | | | ed the funding received through CDSS cussion ensued on the increase in staff | |
| | | | positions as well as Nurse | job vacancies are mostly recent but st practitioner, Nurse, and Senior's Men | ital Health. |
| 5 | | 4.2 | Addiction, Housing & Regior | nal Programs & Primary Care Services Re | port |
| | | | The Addiction, Housing & Remeeting package which Ang | egional Programs & Primary Care Service ele Desormeau presented. | s Report is included in the Board |
| | | | Angele Desormeau noted th | at the Youth Concurrent Disorder Progran | n has a FTE recruited in Timmins. |
| | | | | afe Consumption site funding has not bee emption is for one year from September 20 | |
| | | | Angele Desormeau noted th | at Dr. Tremblay will be retiring in Novemb | er. |
| | | | Discussion ensued on the S | afe Consumption site, with the funding fro | m the municipality to end in December. |
| | | | meeting scheduled with the | Consumption Treatment Service working hospital to discuss the next steps and stra | |
| 5 | | 4.3 | Mental Health Services Rep | ort | |
| | | | The Mental Health Services | Report is included in the meeting package | e which Tyler Twarowski presented. |
| | | | Tyler Twarowski noted the a | reas affecting the agency being highlighte | ed and worked on. |
| | | | Discussion ensued on the or | ngoing development of the Stepped Care | Model. |
| | | | Tyler Twarowski noted a Heabuilding experience. | aling circle that took place in New Liskear | d and was viewed as a positive team |
| | | | | fied graph and the steps that need to be and and the steps that need to be and and the steps are met. | addressed. The next component is to |

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| | | | Jesse Lamothe discussed the measure of volume and the measure of access and efficiency as well as wait times. | | | |
| | | | Tyler Twarowski noted that the data is quarterly and working at determining the most appropriate targets for each program. | | | |
| 10 | | 4.4 | Clinical Report | | | |
| 10 | | 4.5 | The Clinical Report is included in the Board meeting package which Paul Jalbert presented. Executive Director's Report | | | |
| | | | The Executive Director's Report is included in the meeting package which Paul Jalbert presented. | | | |
| | | | Paul Jalbert discussed the 5% increase and the benefits associated with this increase. A discussion ensued on the Collaborative Decision-Making Agreement submitted. | | | |
| | 5.0 | Boar | d Meeting Survey | | | |
| | 0.0 | 5.1 | Board Meeting Survey | | | |
| | | | To be completed immediately following the meeting. | | | |
| | | | https://www.surveymonkey.com/r/XDFPMQF | | | |
| | 6.0 | For Y | our Information | | | |
| 2 | | 6.1 | Board Attendance | | | |
| 2 | | 6.2 | Audit Committee Meeting Minutes from September | | | |
| | | 6.3 | General Correspondence 6.3.1 Ontario Health 5% Base Funding | | | |
| | | | 6.3.2 Health Team Collaborative Decision-Making Agreement | | | |
| | 7.0 | In-Ca | mera Session - | | | |
| | | | Move to In-Camera Session | | | |
| | CT- 34 | | | | | |
| | | 7.1 | Moved by Patrick Gervais seconded by Randy Cox - Be it resolved that the Canadian Mental Health Association-Cochrane Timiskaming Branch moves to an in-camera session at 5:56pm | | | |
| | | In Cor | Motion Carried | | | |
| | | iii-Cal | mera Discussion Move Out of In-Camera Session | | | |
| | | | | | | |
| | | | CT- 35 – 2023/24 | | | |
| | | 7.2 | Moved by Pierre Belec - Be it resolved that the Canadian Mental Health Association-Cochrane Timiskaming Branch moves out of the in-camera session at 6:24 | | | |
| | | | Motion Carried | | | |
| | | 7.3 | Rise and Report | | | |

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| | 8.0 | Next Board Meeting | | | |
| | | November 22 nd , 2023 | | | |
| | 9.0 | Adjournment | | | |
| | | Meeting was adjourned at 6:24pm | | | |

DocuSigned by:

Paul Crombeen President / Co-Chair

December 5, 2023

Date

DocuSigned by: Carla Cantin

Carla Cantin Secretary

December 5, 2023

Date

Motion List

| CT- 29 – 2023/24 | Be it resolved that the Canadian Mental Health Association-Cochrane Timiskaming Branch adopts the agenda of the October 25 th , 2023, Board of Directors' Meeting as presented. | Motion Carried |
|------------------|---|----------------|
| CT- 30 – 2023/24 | Be it resolved that the Canadian Mental Health Association-Cochrane Timiskaming Branch adopts the minutes of the September 27 th , 2023, Board of Directors' Meeting as presented. | Motion Carried |
| CT- 31 – 2023/24 | Be it resolved that the Canadian Mental Health Association-Cochrane Timiskaming Branch approves The Variance Report and Financial Statements as presented. | Motion Carried |
| CT- 32 – 2023/24 | Be it resolved that the Canadian Mental Health Association-Cochrane Timiskaming Branch approves The Appointment Candace Fuhringer to the Audit Committee | Motion Carried |
| CT- 33 – 2023/24 | Be it resolved that the Canadian Mental Health Association-Cochrane Timiskaming Branch approves The Appointment Catherine Gull to the Diversity Committee | Motion Carried |
| CT- 34 – 2023/24 | Be it resolved that the Canadian Mental Health Association-Cochrane Timiskaming Branch moves to an in-camera session at 5:56 | Motion Carried |
| CT- 35 – 2023/24 | Be it resolved that the Canadian Mental Health Association-Cochrane Timiskaming Branch moves out of the in-camera session at 6:24 | Motion Carried |