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Canadian Mental Health Association Cochrane-Timiskaming Addiction and Mental Health Services December 20, 2023 Board of Directors Meeting Minutes CMHA Cochrane Timiskaming Branch

D = Discussion	I = Information Purposes Only	M: Motion	
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Meeting Time: 5:00pm - 7:00 pm

Locations: Via MS Teams

In Attendance:			
Board Members:	Paul Crombeen-Chair, Pierre Belec, Dominique Boucher, Randy Cox, Patrick Gervais, Catherine Gull,		
	Diane Morrell, Candace Fuhringer		
Staff:	Paul Jalbert, Executive Director		
	Tyler Twarowski Lore-Lee Fortin, Director of Services		
	Angie Peters-Carlson, Director of Corporate Services		
	Angèle Desormeau, Director of Addiction Services and Housing		
	Lizane Claveau, Recording Secretary		
Regrets: Carla Cantin, Jesse Lamothe			
Guest: Lesley Edwards-Twarowski			

Paul Crombeen called the meeting to order at 5.04pm and chaired the meeting.

Patrick Gervais read the Land Acknowledgement and the Vision & Mission Statement.

<u>Minutes</u>

Time	ltem #	Торіс					
	1.0	Staff F	Staff Presentation				
10		1.1	Primary Care Presentation for Kirkland Lake and New Liskeard. The Primary Care Presentation is included in the meeting package which Lesley Edwards-Twarowski presented.				
	2.0		Standing Agenda Items				
			Review and Adoption of Agenda				
2		2.1	CT- 40 – 2023/24 Moved by Dominique Boucher, seconded by Randy Cox - Be it resolved that the Canadian Mental Health Association-Cochrane Timiskaming Branch adopts the agenda of the December 20 th , 2023, Board of Directors' Meeting as presented. Motion Carried				
			Review and Adoption of Minutes				
4		 2.2 Moved by Dominique Boucher, seconded by Candace Fuhringer - Be it resolved that the Canadian Men Health Association-Cochrane Timiskaming Branch adopts the minutes of the of the November 22nd, 2023, Board of Directors' Meeting as presented. 					

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4		2.3	Motion Carried Declaration of Conflict of Interest
	3.0		No conflict interest was declared Items for Decision
	0.0		Approval of Financial Statements
			CT- 42 – 2023/24
10		3.1	The organization is reporting a 1,122,501 surplus in Fund 2 - Ontario Health North Mental Health Program funding. Agie Peters-Carlson noted that the Salaries and Benefits are 1,002,089 under budget and Sessional Fees are under budget by 39,445 but should be caught up by the end of the fiscal year. Supplies is 43,460 under budget, Course Registration Fees & Materials is under budget by 20,243 but we should not be in a surplus by the fiscal year end. Equipment Maintenance – External is 29,240 under budget and there are some non-urgent repairs planned for the later part of the year. Minor Equipment Purchases are 237,964 over budget due to the increase in staff numbers. Contracted out Expenses is 25,850 over budget due to the increase in the number of staff and the IT demands.
10		0.1	The organization is reporting a 67,688 surplus in Fund 2 – MoH Housing programs, and 79,867 under budget in Rent/Lease of Building due to unused rent supplements.
			The organization is reporting a 729,435 surplus in Fund 3 – Other Programs. Salaries & Benefits are 383.571 under budget due to staffing issues and Supplies – General Food is 79, 827 over budget due to catering costs.
			Moved by Dominique Boucher, seconded by Candace Fuhringer - Be it resolved that the Canadian Mental Health Association-Cochrane Timiskaming Branch approves The Variance Report and Financial Statements as presented.
			Motion Carried
			Expense Authorization Policy
			CT- 43 – 2023/24
10		3.2	Angle Peters-Carlson noted that there is an increase of expense limits in section 6.2.3 the rest of the policy remains the same.
			Moved by Randy Cox, seconded by Patrick Gervais - Be it resolved that the Canadian Mental Health Association-Cochrane Timiskaming Branch approves The Expense Authorization Policy
			Motion Carried
	4.0		Reports
			Human Resources Report
10		4.1	The Human Resources Report is included in the meeting package which Angie Peters-Carlson presented.
			Angie Peters Carlson noted the turnover for this month is at 2.64%, and the list of vacancies is mostly Nurses, Nurse Practitioner and Occupational Therapist.



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10		4.2	Paul Jalbert noted that man November to review workflo the feedback and incorpora provide feedback.	an is included in the meeting package which y of the tasks on the strategic plan have b w pathways. The Stepped Care committed ted it in the service model. Meetings will be	been completed. A meeting took place in the came together in December to review the scheduled in late January for staff to	
5		4.3	 Action Item: Paul Jalbert to bring the Stepped Care model to the Board in January to review. Addiction, Housing & Regional Programs & Primary Care Services Report The Addiction, Housing & Regional Programs & Primary Care Services Report is included in the meeting package which Angele Desormeau presented. Angele Desormeau noted the repurposing of a position and will be hiring in Matheson. The residential Supp workers will be going to eight-hour shifts as of February 3rd. The RAAM clinic as well as Primary Care clinic is in need of a Nurse Practitioner. Paul Jalbert noted the provincial hourly rate is good, however, the hours worked is typically 37 ½ hours versus 35 hours and will b brought to bargaining in January on the 9th and 10th as well as the pension plan. Discussion ensued on paid continuing education for existing nurses to upgrade to Nurse Practitioner in the organization, however, we do not have any feedback on any interested staff at the moment. 			
5		4.4	Mental Health Services Rep The Mental Health Service Tyler Twarowski noted the t committee named two co-ch		e which Tyler Twarowski presented. imself to Lore-Lee Fortin. The indigenous	
10		4.5	Paul Jalbert noted that Seni clinical report numbers and Discussion ensued on the n nurses. Paul Jalbert to bring January 9 th , and 10 th .	led in the meeting package which Paul Jal or's Mental Health, Behavioral Supports C the challenges in these programs regardir egative impact on these programs due to g a collective agreement to bargaining to a	Ontario, and Early Intervention Psychosis ng the number of clients served. not being able to recruit and retain	
5		4.6	••	ice Report is included in the meeting pack uage Service report is the report that we p	- · ·	



Canadian Mental Health Association Cochrane-Timiskaming Addiction and Mental Health Services

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				, seconded by Randy Cox - Be it resolved that iiskaming Branch approves The Ministry of He		
			Executive Director's Repo	rt	Motion Carrie	d
10		4.7		Report is included in the meeting package whi	ch Paul Jalbert presented.	
10		4./	Paul noted the Governanc	e Symposium and the interesting topics arour	d the future of health care.	
			Iroquois Falls trained and	most of the data has been migrated from CC transferred from their databases to CRMS on		
	5.0	Boar	d Meeting Survey			
			Board Meeting Survey			
2		5.1		To be completed immediately following the	meeting.	
	6.0	Eor \	our Information	https://www.surveymonkey.com/r/N	S55VKN	
2	0.0	6.1	Board Attendance			
2		6.2	Audit Committee Meeting	Minutes		
5		6.3		ent for Non-profits organization for Board Men	hers	
Ŭ	7.0		mera Session			
			Move to In-Camera Sessio)n		
					CT- 44 – 2023/2	4
		7.1				
		7.1		nger, seconded by Randy Cox - Be it resolved niskaming Branch moves to an in-camera sess		
					Motion Carrie	Ч
		In-Ca	mera Discussion		Wouldn Callie	J
			Move Out of In-Camera Se	ession		
					CT- 45 – 2023/2	4
		7.2				
		1.2		nger, seconded by Patrick Gervais - Be it resol niskaming Branch moves out of the in-camera		
					Motion Carrie	Ы
		7.3	Rise and Report		Motion Came	u
	8.0	+	Board Meeting			
	0.0		January 24 th , 2023			
	9.0		irnment			
		÷	rnment			
		-				
					CT- 46 – 2023/2	4

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		Moved by Randy Cox - Be it resolve adjourns the meeting at 6:32pm	ed that the Canadian Mental Health Assoc	iation Cochrane-Timiskaming Branch
				Motion Carried

DocuSigned by:

Paul Crombeen President / Co-Chair

January 19, 2024

Date

-DocuSigned by: Carla Cantin

Carla Cantin Secretary

January 21, 2024

Date