



Canadian Mental
Health Association
Cochrane-Timiskaming
Addiction and Mental Health Services

Association canadienne
pour la santé mentale
Cochrane-Timiskaming
Services de toxicomanie et de santé mentale

JOB POSTING

Competition #: 2024-19

Vacant Position: Psychotherapist

Employee Group: OPSEU Local 631

Work Location: New Liskeard

Status: Permanent Full-Time

Rate: \$36.39 - \$42.96

Language Requirement: Bilingualism in both official languages is preferred

Posting period: April 22 – May 2, 2024

Inquiries: Human Resources

humanresources@cmhact.ca

Please send resumé to:

humanresources@cmhact.ca and indicate in the subject line the competition number and job title.

Please advise Human Resources if you require accommodation in accordance with the Human Rights Code or the Accessibility for Ontarians with Disabilities Act in order to properly participate.

CMHA-CT offers competitive salaries, a comprehensive benefits package including the HOOPP pension plan and most importantly, CMHA-CT offers a fulfilling career working with a dynamic team, supporting and caring for others.

Psychotherapist

The Canadian Mental Health Association – Cochrane Timiskaming Branch is currently recruiting a Psychotherapist for its New Liskeard office.

The Psychotherapist collaborates with multi-disciplinary teams, providing triage and assessment to clients seeking OSP services, conducting clinical assessments to identify clients' symptoms and create individualized treatment plans and providing individual and group protocol-based structured psychotherapy in adherence with the OSP Clinical Model. The Psychotherapist works in partnership with clients, their formal and informal supports and the team to support clients' successful integration into their communities and contributes to ongoing program development and program evaluation and implementation of new practices as required.

Qualifications:

- Minimum of a Bachelor's degree in a health related field, or a Bachelor's of Science in Nursing (BScN) degree from an accredited university
- Current Certificate of Registration in good standing with the College of Psychologists of Ontario (CPO), or Ontario College of Social Workers and Social Service Workers (OCSWSSW), or College of Occupational Therapists of Ontario (COTO), or College of Nurses of Ontario (CNO), or College of Registered Psychotherapists of Ontario (CRPO). Additional specialized training in CBT, CPT, and Prolonged Exposure (PE) is preferred
- Formal CBT and CPT training with supervision/clinical consultation following the OSP model is preferred
- Ministry of Labour "Worker Health and Safety Awareness in 4 Steps" training certificate is required
- Minimum of one (1) year of experience in the triage, clinical assessment and treatment delivery of evidence-based CBT and CPT following the OSP model
- Experience in in-person and virtual care delivery is preferred
- Demonstrated experience working in a community-based or outpatient setting
- Demonstrated experience utilizing evidence-based CBT treatment models with clients experiencing symptoms of depression, anxiety and anxiety related conditions
- Demonstrated knowledge and practised skills in providing culturally safe and responsive mental health services to clients of diverse ethno-racial and cultural backgrounds
- Demonstrated knowledge of the science and practice of structured psychotherapy including a full range of psychotherapeutic and assessment techniques to assess, plan, coordinate and implement specific clinical protocols
- Demonstrated ability to distinguish features of depression, anxiety, and anxiety related conditions and the etiology and treatment of these disorders
- Demonstrated knowledge of relevant sections of legislation.

CMHA Cochrane-Timiskaming actively seeks candidates who are First Nations, Métis, Inuit, and urban Indigenous; Francophone; Black and racialized; members of 2SLGBTQIA+ communities; trans and nonbinary; and disabled.