## September 2025

Community Support Program
Cochrane Site / Site de Cochrane
5-233 8th Street, / 5-233, 8ieme rue
Cochrane, ON, P0L 1C0

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
		No group today			No group today	
7	8	9	10	11	12	13
		The Zentangle			*Adult Swim	
		Method			12-1pm	
		1:00-3:00pm				
14	15	16	17	18	19	20
		Self-care bingo			*Adult Swim	
		1:00pm-3:00pm			12-1pm	
21	22	23	24	25	26	27
		Library			Bowling	
		1:00pm-3:00pm			1:00pm-3:00pm	
28	29	30				
		Set Boundaries				
		1:00-2:30pm				
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<sup>\* -</sup> These programs are closed groups and require registration. Call 705-272-4245